Dartmoor Multi Academy Trust
...everyone in our Trust.

Allergen information

Product	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soy	Sulphur Dioxide / Sulphites	Nuts
Sausage and Mash, Sweetcorn, Gravy														
Veggie Sausage and Mash, Sweetcorn, Gravy	X	X												
Jam Sponge with Custard		X		X			X							
Chicken and Sweetcorn Pie, New Potatoes, Broccoli		X					X							
Cheesy Leek Pie, New Potatoes, Broccoli		X					X		X					
Roast Gammon, Roast Potatoes, Cabbage and Carrots, Gravy														
Cauliflower Cheese, Roast Potatoes, Cabbage and Carrots, Gravy		X					X							
Apple Cake		X		X										
BBQ Chicken Wrap, Salad, Sauté New Potatoes		X												
BBQ Vegetables Wrap, Salad, Sauté New Potatoes		X												
Iced Chocolate Cake		X		X										
Fish and Chips, and Baked Beans/Sweetcorn					X									

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Fishless Fingers, Chips and Baked Beans/Sweetcorn		x												
Fruit Flapjack		x												
Chicken Korma, Rice, Salad, and Naan		x					x							
Vegetable Korma, Rice, Salad, and Naan		x					x							
Yoghurt							x							
Creamy Bacon and Veg Penne Pasta, Salad and Garlic Bread		x					x							
Creamy Veg Penne Pasta, Salad and Garlic Bread		x					x							
Jelly														
Roast Chicken, Roast Potatoes, Cabbage and Carrots, Gravy														
Cauliflower Cheese, Roast Potatoes, Cabbage and Carrots, Gravy		x					x							
Pineapple Upside Down Cake		x		x										
Chicken Kebab, Red Slaw, and Rainbow Salad		x					x							
Tofu Kebab, Red Slaw, and Rainbow Salad		x					x					x		
Fresh Fruit														
Lemon Drizzle Cake		x		x										
Baked Fishcakes, New Potatoes, Broccoli, Tomato Sauce		x			x		x							

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Vegetable Patties, New Potatoes, Broccoli, Tomato Sauce		x					x							
Pasta Bolognese, Mixed Salad, Garlic Bread		x					x							
Med Veg Pasta Bake, Mixed Salad, Garlic Bread		x					x							
Roast Pork, Roast Potatoes, Cabbage and Carrots, Gravy														
Cheddar, Broccoli and Tomato Quiche, Roast Potatoes, Cabbage and Carrots, Gravy		x		x			x							
Angel Delight							x							
Margherita Pizza, Mixed Leaves, Baked New Potatoes		x					x							
Raspberry and Custard Tray Bake		x					x							
Iced Fingers		x										x		

The 14 recognised allergens are: **celery**, **cereals containing gluten** (such as barley and oats), **crustaceans** (such as prawns, crabs and lobsters), **eggs**, **fish**, **lupin**, **milk**, **molluscs** (such as mussels and oysters), **mustard**, **peanuts**, **sesame**, **soybeans**, **sulphur dioxide and sulphites** (if they are at a concentration of more than ten parts per million) and **tree nuts** (such as almonds, hazelnuts, walnuts, Brazil nuts, cashews, pecans, pistachios and macadamia nuts). "M/C" = May contain.