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Dartmoor Multi Academy Trust

...everyone in our Trust.



Whole School
Attendance

95.2%

Bridestowe Primary School – With Respect and Ambition We Flourish Together

24/03/2023

Festival of Hope

The Trust's Festival of Hope continues throughout March. Last week we had the absolute pleasure of taking some of our children to visit Tavistock College for an art workshop and to view the exhibition of children's art based on Jennie Baker's 'The Window'. Bridestowe and Lydford's entries stood out as excellent examples of creativity and meaning within the many entries.

Using art, and the whole curriculum, to promote local and global citizenship is a key priority of our school. Building hope for the future, for the next generations who will guard and protect our environment, society and traditions. I could not have more faith in the children at our schools to become future leaders of their communities, institutions and groups which continue to help our region and world to thrive.



Stars of the Week

Bella – Showing great *ambition* in her writing

Grayson – *Flourishing* in all areas of learning due to his fantastic attitude

Izzy - Flourishing in maths and working hard to demonstrate her learning.

Emma - *Flourishing* in all of her work and especially showing *ambition* in Maths

Team Points: Ash

Down Syndrome Awareness Day

On Tuesday, we celebrated the wonderful variety we have in our school and community by raising awareness about Down Syndrome. Our school is proud to be inclusive and provide the best possible care for all of our children.



Farm Visit - Owlets

On Tuesday the Owlets travelled to Turchington Farm in Lifton as part of their topic on Farming. They had a fantastic time learning about where their food comes from. They also had the opportunity to meet lots of different animals and even saw a sheep giving birth! Finally, they planted sycamore trees into pots; these will be planted in our school grounds where we can watch them grow alongside the Owlets classroom. Thank you to our parent volunteer, Mrs Floyd-Walker, for her invaluable help on the morning.



All children received a hand-crafted medal as a memento of their visit.

Forest School

Ranger Rob's theme for Forest School this week was 'Spring'. The Year 4s were tasked with producing something from clay, only using tools from nature, that reminded them of Spring. The weather wasn't the most pleasant so, of course, the campfire was lit and marshmallows toasted before the children enjoyed a game of 'hunt the clay Easter egg' at the end of the session.



Seal Sanctuary Virtual Workshop

To support the learning of habitats, the Tawny Owls took part in an online workshop from the Seal Life Trust today. It was an interesting and engaging talk which discussed the ocean habitat, food chains, pollution and much more. The children showed great understanding of the importance of protecting our oceans and asked many thought-provoking questions.



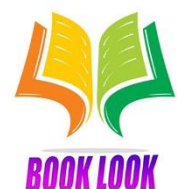
You can see all the news about our classes' learning on our website here:
[BRIDESTOWE PRIMARY SCHOOL - Classes blog \(bridestowe-primary.devon.sch.uk\)](https://www.bridestowe-primary.devon.sch.uk/classes-blog)

Sleekers Farm Cross Country

Unfortunately, due to the course being wet and water-logged, Monday's cross country at Sleekers Farm has been cancelled. The Alford Cup will therefore be incorporated into the final race of the series at Chagford Cricket Club on Friday 21st April.

Book Look

We look forward to inviting all families to the school on Monday morning at 9.00am to look at the children's books – all are welcome!



Team GB Athlete Visit

Next week we are excited to welcome Team GB athlete Maddi Tarrant to the school on Wednesday 29th March. All children will listen to an assembly by Maddi, where she will share her experiences as a GB athlete, and display her medals. Children will then take part in a short exercise circuit to help promote health and fitness. We are asking children to collect sponsorship from friends and family for the exercise workshop. To cover the cost of Maddi's visit, each child would need to raise **£3.79**. Any funds in excess of this will be shared between the athlete and the school.



All sponsorship money MUST be paid to the crowdfunding page (link below) and sponsor forms returned by Monday 27th March so that we can arrange the awards for the children accordingly. No monies can be collected after this date.

[Bridestowe & Lydford Primary School's Fundraiser - a Sports crowdfunding project in Okehampton by Sports For Champions UK \(CIC\) \(crowdfunder.co.uk\)](https://www.crowdfunder.co.uk/bridestowe-lydford-primary-schools-fundraiser-a-sports-crowdfunding-project-in-okehampton-by-sports-for-champions-uk-cic)

Maths Workshops

It was great to welcome parents to our first Maths workshop on Wednesday. The session ran through why and how we teach maths.

Feedback was overwhelmingly positive, with one parent stating:

Thank you for the maths workshop this morning. I found it very helpful to understand how maths is taught and where we can look for more support and guidance.

I think that this will give me a little confidence to be able to help the children but also to tell them that I don't know, but do know where we can find the answers.

The next workshops are scheduled below. Parents are welcome to attend any session at either school.

30th March, 15.00, Lydford Primary

11th May, 18.00, Bridestowe Primary

24th May, 08.00, Lydford Primary

Autism Acceptance Week

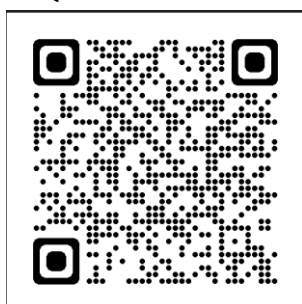


World Autism Acceptance Week is **27 March to 2 April 2023**! As part of this we will be exploring autism in assembly and children will take part in follow-up activities with their class. The key messages will be that everyone is different. Autism is an invisible condition and means that someone's brain works a little differently. Autistic people see the world differently and sometimes need help with different things. For tips on

how to talk about autism at home with younger children visit: www.bbc.co.uk/cbeebies/joinin/pablo-talking-to-your-child-about-autism

For more information on autism visit: www.autism.org.uk/advice-and-guidance/what-is-autism

Or use QR code:



We also have a number of books which families are welcome to borrow and read. Please ask a class teacher

Words of the Week

In order to develop the children's vocabulary, each class teacher will choose one word every week to discuss and model using in class with their children. Here are next week's words:-

Owlets – persevere

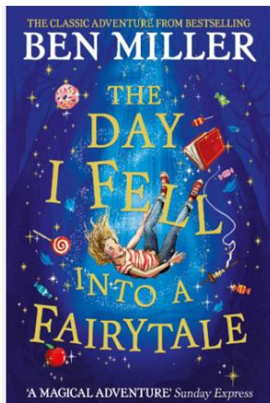
Tawny Owls – motivate

Snowy Owls – dreary

Barn Owls – synthetic



Book Review by Mrs Harris



The Day I Fell into a Fairytale by Ben Miller (recommended age 8-11yrs)

The power of imagination isn't to be underestimated! Have you ever imagined what it would be like to be part of the story you are reading?

Like the children at Bridestowe, Lana (the girl in the book) loves stories. Especially the ones she and her brother, Harrison, share in their make-believe games. But Harrison decides he's too grown-up and busy with schoolwork to play with Lana anymore so she finds herself feeling lonely. Until something magical happens...

Hidden in the strange new supermarket in town, Lana discovers a portal to a fairytale world! But these aren't the happy-ever-after fairytales that Lana knows, they are darker and more dangerous, and the characters need Lana's help to defeat an evil witch. But she can't do it alone. Can she convince Harrison to believe in stories again and journey to the world with her. . . before it's too late?

This is a gripping story with lots of twists and turns and I hope you enjoy the story as much as myself and my own children did.

Watch the trailer for the book here: [The Day I Fell into a Fairytale by Ben Miller | Trailer - YouTube](#)

Time to Talk

As part of our school focus on getting children talking and improving their Oracy, we have a topical, weekly question and picture for you to discuss as a family:___



Sky Brown became the UK's youngest ever medal winner, winning a Bronze medal at the Tokyo Olympics in 2020 when she was just 13!

Last month she won a Gold medal at the World Skateboarding Championship in Sharjah (UAE)

What do you think it took to allow Sky to become good enough to represent her country and ultimately bring home the gold?

South West Water

Next week we welcome South West Water to speak to the children about water use and environmental impact. We look forward to some engaging conversations.

Solar Workshop

On Thursday next week, Barn Owls will be completing a solar workshop. Children will be using junk materials to create a solar-powered toy. We are asking for donations of the following materials for their designs: boxes (all sizes), cylinders, large plastic bottles, yogurt pots, milk top lids, etc. Please bring any items into school. Thank you.



School Meals

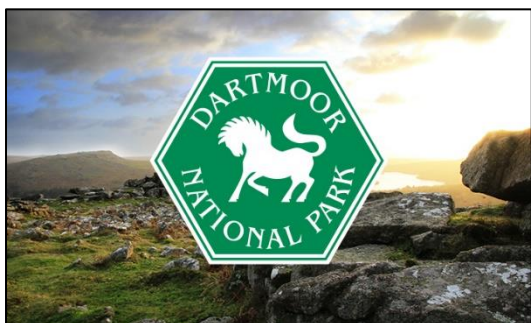
To prevent excess food wastage, please sit down with your child when choosing school meals to ensure that they enjoy the items ordered.

Swimming Reminder

Next week is the final swimming session of the year. All the children have worked very hard at improving their skills in the water, and we are enormously proud of them all.

A reminder to make payment via School Gateway.

Dartmoor National Parks Fortnight



Please find see below links to some forthcoming events which may be of interest to families. It is useful to note that visits to NP visitor centers are free as are the activities and events that are provided.

[Discover Dartmoor this National Parks Fortnight \(mailchi.mp\)](#)

[Discover your Dartmoor this Easter \(mailchi.mp\)](#)

Next Week	
Monday	Family Book Look, 09.00am Cross Country @Sourton – selected children *RRR Club, Y6 only 3.15-4.15pm; * Forest School Club 3.15-4.00pm
Tuesday	South West Water Workshop – KS2 *Film Club 3.15-4.00pm
Wednesday	Sport 4 Champions Athlete Devon Wildlife Trust Champions Easter Service – 2.30pm, St Bridget's Church *OCRA Club 3.15-4.15pm; *Board Games 3.15-4.00pm
Thursday	Earth Energy Workshop – Barn Owls *Cheerleading Club 3.15-4.00pm; *Recorder Club 3.15-4.00pm
Friday	EYFS and KS1 Swimming – final session Last Day of Term

*Your child must be booked into after-school clubs via School Gateway in order to take part

Diary Dates

April

3 rd – 14 th	Easter Holiday
12 th	FoBS Quiz, 8.00pm at The White Hart
17 th	Start of Summer Term
18 th	Y6 French Residential Meeting, 4.00-5.00pm at Bridestowe school
19 th	Forest School – EYFS, Years 1-3 Y3 Residential Meeting, 5.00pm at Boasley Cross Primary
21 st	Cross Country @ Chagford – selected children
27 th	Y5 STEM Coding, Okehampton – selected children

May

1 st	May Day Bank Holiday
3 rd	Forest School – EYFS, Years 4-6
4 th	Y4/5 Residential Meeting, 4.00pm at Boasley Cross Primary
8 th	Bank Holiday for the Coronation
10 th	RNLI Assembly – Whole School
11 th	STEM Coding – selected Y5 children Parents Maths Workshop, 6.00pm
15 th – 18 th	Y6 Residential to Normandy
17 th	Forest School, EYFS, Y1-3
22 nd	Y3/4 Activity Day
23 rd	EYFS and Y6 NCMP – measurement programme
24 th	Forest School, EYFS, Y4-6
26 th	Y3/4 Activity Day Last Day of Term
29 th April – 2 nd May	May Half Term

June

5 th	Start of Summer Term 2
7 th	Forest School, EYFS, Y1-3
8 th – 9 th	Y3 Residential @ Boasley Cross Primary
w/c 12 th	Bikeability, Y6 and Y4 children
14 th	Forest School – EYFS, Years 4-6
15 th	Wildlife Conference @ Meeth Quarry – School Wildlife Champions
22 nd	Class and Leavers' Photos
23 rd	FoBS Rounders Evening, 3.30-6.00pm
26 th – 28 th	Y4/5 Residential @ Tintagel
29 th	Y6 Okehampton College Taster Day

July

5 th	Sports Day
7 th	FoBS Summer Fair, 3.30-6.00pm
12 th	Forest School, EYFS, Y1-3
17 th	Forest School – EYFS, Years 4-6 Y6 Meet The Tutor Evening @ Okehampton College
19 th	Circus in a Day – Whole School
20 th	Leavers' Assembly Last Day of Term

White Hart Bridestowe

Pub Quiz

Wednesday 12 April
8PM

Raffle

Prizes

*Entry £2 per person,
recommended team size 4-6*

All proceeds to Friends of Bridestowe School

Ten top tips for STRONGER PASSWORDS

Passwords continue to be the most common way to prove our identity online. A combination of a username and a password known only to the user provides access to our online accounts and data – and hopefully keeps unauthorised individuals out. As a security measure, though, passwords are relatively weak. People are often predictable in how we choose our passwords, for example – making them less secure. With increasing volumes of usernames and passwords being leaked online, what can we do to keep our data more secure? Here are our top tips for stronger passwords.

BE UNPREDICTABLE

We often choose passwords which are easy to remember: featuring the name of our favourite sports team or favourite film, for instance. Those are predictable passwords. Cyber criminals will routinely try various combinations of passwords relating to sports teams, actors, musical artists and the like – and they often focus on these during major sporting events or around high-profile movie releases.

AVOID GETTING PERSONAL

Many of us use passwords relating to our family, such as children's names or favoured holiday destinations. The problem here is that we also typically post about our holidays and our family on social media – making that information potentially visible to cyber criminals and supplying them with clues which could help them in narrowing down possible passwords we might have set.

NEW PLATFORM, NEW PASSWORD

Where cyber criminals gain access to an online service through a data breach, they often use the data they've stolen to try and access the victim's other accounts. This is because the criminals know that, for convenience, people often use the same password across different services. When we reuse passwords, our security is only as strong as the weakest site where we've used it.

LONGER IS STRONGER

Our passwords are often stored by online services in an encrypted format, in case the service suffers a data breach. The strength of this encryption, however, is dependent on the length of the password you've selected. If your password is only a short one, cyber criminals are significantly more likely to be able to break the encryption and identify your password.

CHECK SOCIAL MEDIA VISIBILITY

Staying up to date with friends and relatives on social media is part of everyday life now. We need to ensure, though, that we limit who can see our posts via each platform's privacy settings. It's also wise to consider what we're posting and if it's really safe to share online. If we restrict what cyber criminals can see, we reduce the chance of them using that information to identify our passwords.

Meet Our Expert

A Certified Information Systems Security Professional (CISSP), Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that we become more aware of the risks around technology, as well as the benefits.



Source: <https://www.ncsc.gov.uk/>

CCTV
IN OPERATION

'DOUBLE LOCK' YOUR DATA

It's possible that cyber criminals may eventually discover your username and password. Enabling multi-factor authentication (MFA) on your accounts, however, reduces the chance of them obtaining access to your data, as they'd also require a code which is provided via an app, SMS message or email. MFA isn't infallible, but it does definitely provide extra protection and security.

DELETE UNUSED ACCOUNTS

Data breaches occur when cyber criminals gain access to an online service and all the data contained within it – including usernames and passwords. Whenever you stop using a service, it's wise to make sure that you delete your entire account and not just the actual app. If the service no longer has your data, there's zero risk of it being leaked should they suffer a data breach in the future.

TRY PASSWORD MANAGERS

Even though most of us have numerous online accounts to manage these days, it's advantageous to avoid password re-use. Specialist password management software (like Dashlane or OnePassword, among others) can help by storing a different password for every online service that you have an account with: the only one you or child will need to remember is the single master password.

GET CREATIVE

The British government's National Cyber Security Centre (NCSC) recommends the 'three random words' technique. This method helps you create a password which is unique, complex and long – yet which is memorable enough to stay in your mind ('FourBlueShoes', for example). The NCSC website, incidentally, also offers plenty of other useful information relating to personal cyber security.

STAY VIGILANT

The best way to protect your accounts and your data is to be vigilant and careful. If you receive an email or text message that's unusual or unexpected, treat it as suspicious until you're able to verify whether it's genuine and safe. Starting from a position of vigilance and caution will reduce the likelihood of you or your child being tricked by a malicious email, text or phone call.



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#WakeUpWednesday



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