

Local and Global Citizens

Developing our children to be the local, national and global citizens of the future is a priority for our school. Our curriculum has been designed to interleave current local, national and global issues - for example, climate change, migration and global trade. This half term the children will have many opportunities to explore how their daily actions impact the world around them. Our enrichment, too, supports this aim, with a visit from South West Water and potential trip to the waste energy plant planned, we are encouraging the children to question habits we rarely think about to ensure the positive future we all want for our children.



Stars of the Week

Joselyn - *flourishing* with her RWInc work

Jacob Ln – great determination and *ambition* in progressing in Maths and English

Iona - has shown *ambition* and *flourished* while confidently performing the recorder in front of the school

Elin - showing *respect* by working conscientiously in all subjects and presenting her work beautifully

Team Points: Ash

Swimming

Owlets and Tawny Owls have now started their swimming sessions at Ruby Oak Park, Aqua Stars. The children had a great introductory session today.

Recorder Club



The Recorder Club members treated the school to a medley of tunes in assembly this morning. Everyone was very impressed with the children's timing and melody. Thanks to Mrs Sherring for her musical skills in leading the club.

As you can see in the picture, children wore red for Heart Heroes today. Please donate via School Gateway to help children diagnosed with heart conditions.

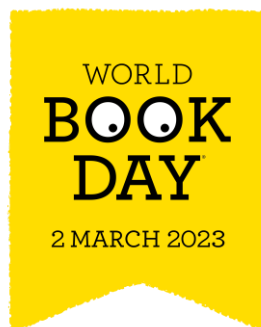
Forest School

Barn Owls and Y4 children had a great time in forest school learning about the first Spring flowers that we can spot around the grounds and in the wider community. They then had the chance to whittle wood using knives and potato peelers, comparing the different effects of these methods, and turning a plain stick into a useful tool. Learning this survival skill, they linked forest school to history & prehistoric Britain.



The Owlets hunted for different signs that spring was coming and found snowdrops, daffodils, catkins and wild garlic. They also used the magnifying containers to look closely at moss and leaves to see the structures.





World Book Day

For World Book Day this year the children will be creating their own books using resources from Potato Print. This is a free activity where each class in the school is given a pack to create their very own class story over the next few weeks. We then return this to Potato Print, and they transform it into a printed book! The school receives the digital flip book proof, and all parents have the option to purchase a printed copy at £5.99 (details attached - no obligation). Each class will receive a free copy of their book to put on display in their class library, where the children can enjoy reading their very own book time and again.

On World Book Day itself (to be rescheduled if there is industrial action on the 2nd) the focus is vocabulary, and we ask each child to come to school with a key word displayed/attached to them. This key word must have sparked interest or curiosity when reading at home. We will read the book "The Word Collector" by Peter Hamilton Reynolds during Monday's assembly - this is an inspiring story about the transformative and profound power of words. This will excite and stimulate the children's ideas for Thursday.

Family Consultations

We are pleased to offer a family consultation on Wednesday 1st March in the afternoon.

Time slots have now been confirmed. If you have not received an appointment, please speak to your class teacher or contact the school office.

PE with Mr Pugh

The Tawny Owls have started their unit on ball and racket skills. Mr Pugh encouraged the children to use the agility skills they learnt last half term to warm up. They then moved to using a racket by balancing a tennis ball on it to move from cone to cone.



This year's DMAT Festival of Hope will run from 6th - 31st March 2023 and the theme is 'Better Together'. The festival is designed to bring all the schools together in the Trust and spread the message that everyone is part of something bigger, and to increase student aspirations. Bridestowe Primary will take part in planned sporting events, and a reading programme will run across the primaries and secondaries. We are contributing to a travelling art exhibition with submissions from all schools, and practising a new song which has been written for the Trust. More exciting events to be announced!

Team GB athlete visit

We are delighted to be welcoming Team GB athlete Kirsty Way to the school on Wednesday 29th March. This inspirational visit Kirsty will lead an assembly discussing her journey into international sport, the benefits of healthy lifestyle, regular exercise and a healthy diet. The children will have chance for questions and answers before a physical exercise workshop with Kirsty.



This event is run in collaboration with Community Interest Company, Sports for Champions. Sports for Champions support Team GB athletes in their quest to maintain professional standards of competition through financial support.

To support this aim, they have requested a donation from the school for Kirsty's visit. We are asking children to collect sponsorship from friends and family for the exercise workshop. Sponsorship forms will come home next week. To cover the cost of Kirsty's visit, each child would need to raise **£3.79**.

However, any money raised above this amount will be shared between the school and Sports for Champions – 60% for the school and 40% for the athlete fund.

This is a fantastic opportunity for the children to be engaged in fundraising for the school and a positive cause with the reward of meeting Kirsty in March.

As a cashless school, we would prefer monies be paid straight to the crowdfunding page, here: [Bridestowe & Lydford Primary School's Fundraiser - a Sports crowdfunding project in Okehampton by Sports For Champions UK \(CIC\) \(crowdfunder.co.uk\)](https://www.bridestoweandlydfordprimaryschool.co.uk/fundraiser) BEFORE the visit.

Year 5/6 Activity Days

Barn Owls will join friends from Lydford on the 3rd and 6th March for two Moorland activity days provided by Encompass Training.

These excellent opportunities for team building, physical activity and learning about our Moorland will be heavily subsidised by the school's PE budget. We look forward to them!



Easter Service

On Wednesday 29th March the children will be taking part in an Easter Service at St Bridget's Church, 2.30pm. We would like to welcome parents to join us. More details to follow.

Mr A. Hill – Principal
ahill@dmatschools.org.uk
01837 861361

Whole School Attendance

95.6%

Next Week

Monday	*RRR Club, Y6 only 3.15-4.15pm * Forest School Club - CANCELLED
Tuesday	*Film Club 3.15-4.00pm
Wednesday	*OCRA Club 3.15-4.15pm; * Board Games Club - CANCELLED Parent Consultations
Thursday	World Book Day Potential Industrial Action *Cheerleading Club 3.15-4.00pm; *Recorder Club 3.15-4.00pm
Friday	Year 5/6 Activity Day EYFS and KS1 Swimming

*Your child **must** be booked into after-school clubs via School Gateway in order to take part

Diary Dates

March

6th – 31st March – Festival of Hope

6 th	Year 5/6 Activity Day
7 th	Dog's Trust Visit Swim Gala – selected children
8 th	Forest School – EYFS, Years 1-3 Cross Country @ Chagford – Selected children
10 th	Open the Book Assembly EYFS and KS1 Swimming
17 th	EYFS and KS1 Swimming Barn Owls trip to Plymouth Recycling Centre
21 st	Forest School – EYFS, Years 4-6 Odd Socks Day
23 rd	Seal Sanctuary Virtual Workshop – Tawny Owls
24 th	Open the Book Assembly EYFS and KS1 Swimming
27 th	Parental Book Look – 09.00am Cross Country @ Sourton – selected children
28 th	South West Water Workshop – KS2
29 th	Sport 4 Champions Athlete Easter Service – 2.30pm, St Bridget's Church
30 th	Earth Energy Workshop – Barn Owls
31 st	EYFS and KS1 Swimming – final session Last Day of Term

April

3 rd – 14 th	Easter Holiday
17 th	Start of Summer Term
18 th	Y6 French Residential Meeting, 4.00-5.00pm at Bridestowe school

Dartmoor
Multi Academy
Trust

...everyone in our Trust.



A SOLIHULL GROUP FOR PARENTS

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

STARTS THURSDAY 9TH MARCH AT

OKEHAMPTON PRIMARY SCHOOL

6.30–8.30 PM

A 10 WEEK COURSE FOR PARENTS WHO WANT TO UNDERSTAND MORE ABOUT SENSITIVE EFFECTIVE PARENTING
EXPLORING ISSUES SUCH AS:

- BEHAVIOUR DIFFICULTIES
- EXPLORING FEELINGS
- SLEEP PATTERNS
- ANGER & SELF-REGULATION
- RECOVERY WHEN THINGS GO WRONG
- COMMUNICATING WITH YOUR CHILD

TO BOOK A PLACE JUST CALL 01837 52866 AND LEAVE YOUR CONTACT DETAILS OR EMAIL ME :

gbutton@okehamptonprimary.org.uk

GRETA BUTTON – PARENT SUPPORT ADVISOR

Easter Holiday Sport Activities



Brenden Worth Cricket Academy
124, 2-2-1, Parters, Schools, & Festivals from our Award Winning Coaches! T: 07889 516 433

MULTI-SKILLS CAMPS

HATHERLEIGH PRIMARY SCHOOL

5TH & 14TH APRIL

£12 A DAY

EMAIL
CRAIG.PENBERTHY@BRENDENWORTHCRICKET.COM
TO SIGN UP!



Brenden Worth Cricket Academy
124, 2-2-1, Parters, Schools, & Festivals from our Award Winning Coaches! T: 07889 516 433

BWCA FOOTBALL CAMP

HOLSWORTH YOUTH F.C

**03/04/2023
12/04/2023**

9AM - 3PM

AGE 5 - 14 YRS

£12

EMAIL
CRAIG.PENBERTHY@BRENDENWORTHCRICKET.COM
TO SIGN UP!



Brenden Worth Cricket Academy
124, 2-2-1, Parters, Schools, & Festivals from our Award Winning Coaches! T: 07889 516 433

BWCA FOOTBALL CAMP

OKEHAMPTON ARGYLE FC

**04/04/2023
11/04/2023**

9AM - 3PM

AGE 5 - 14 YRS

£12

EMAIL
CRAIG.PENBERTHY@BRENDENWORTHCRICKET.COM
TO SIGN UP!



Brenden Worth Cricket Academy
124, 2-2-1, Parters, Schools, & Festivals from our Award Winning Coaches! T: 07889 516 433

BWCA FOOTBALL CAMP

BOW PRIMARY SCHOOL

**06/04/2023
13/04/2023**

9AM - 3PM

AGE 5 - 14 YRS

£12

EMAIL
CRAIG.PENBERTHY@BRENDENWORTHCRICKET.COM
TO SIGN UP!

What Parents & Carers Need to Know about

SPOTIFY

Spotify is a digital music, podcast and video service which gives users access to millions of songs and other content from creators all over the world. Since launching in 2008, Spotify has revolutionised the way music is listened to: it now offers the ability to manage and share more than 100 million tracks and five million podcast series, plus personalised recommendations, new release updates and the option to create collaborative playlists. As of February 2023, it is the world's most popular audio streaming subscription service with 489 million users globally.

WHAT ARE THE RISKS?

EXPLICIT LYRICS

As per Spotify's terms and conditions, people need to be at least 13 to use it. That said, the platform doesn't censor lyrics unless instructed to do so in the settings – so it's worth noting that young teenagers could still be exposed to age-inappropriate songs which contain explicit references to sexual behaviour, violence, discriminatory language and swearing.

GROOMING TACTICS

Although Spotify doesn't come with dedicated chat functionality, concerns were raised in January 2023 after reports of an 11-year-old girl being coerced into sharing explicit pictures of herself on the platform. The case highlighted predators' tactics of sharing empty playlists with other users: their messages were being exchanged undetected through edited song titles and descriptions, bypassing security measures.

OVERSHARING

Spotify provides a perfect way to play music, with the ability to connect to another device, such as a Bluetooth speaker or an in-car stereo. While this is a useful feature, it's also easy to forget your surroundings and inadvertently play content which isn't appropriate for all listeners (especially those under the age of 18), potentially causing alarm or distress.

AGE-INAPPROPRIATE PODCASTS

Spotify's podcast community has grown exponentially and it's become a popular base for millions of users to listen to shows, stories, interviews and more – with content covering an array of topics. This includes some material which isn't suitable for minors, including audio which is obviously adult-themed, but can be just as easily accessed as everything else.

ACCESS TO SPOTIFY LIVE

If your child has a Spotify account, they'll also be able to access the platform's audio-only chat service: Spotify Live. While it's a separate stand-alone app, Spotify Live allows people to listen to live discussions on the main Spotify platform and, more notably, lets users enter virtual rooms to chat with other users, opening up direct conversations with strangers and individuals who might not necessarily be there for the right reasons.

Advice for Parents & Carers

SWAP TO SPOTIFY KIDS

If you're concerned about what your child might hear while streaming music, Spotify Kids is a separate, ad-free service specifically designed for children aged 12 and under. It allows younger users to enjoy human-curated, child-friendly content (such as music and audiobooks) and is available to users with a Spotify Premium Family subscription – meaning that parents can view and manage the content their child listens to.

CENSOR EXPLICIT CONTENT

Regardless of what type of account your child uses to access Spotify, there is an option to turn off explicit content in the settings – greying out all songs marked with an 'E' tag. If your child has their own individual account, it's easier for them to turn it back on – whereas with a family plan, you're in control and your child can't alter the setting without knowing the password.

TALK ABOUT THE RISKS

As with any platform, it's good practice to talk to your child about what they should be aware of when using Spotify. For instance, it's important they're aware never to share any personal information with strangers, and what they should do if they're exposed to inappropriate content. Encourage them to think critically about what they see and hear so that they feel comfortable raising any concerns with you.

KEEP AN EYE OUT

If you're concerned that your child is spending too much time on Spotify or you've noticed they're being particularly secretive about how they're using it, encourage them to talk about what they're listening to. It's always prudent to show an interest in their online habits from the outset – so you're confident they're using apps and services in the right way, for the right reasons, and they're not being drawn into anything they shouldn't be.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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